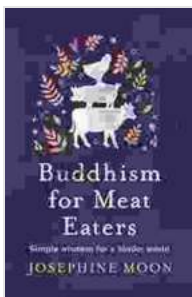


# Buddhism For Meat Eaters: A New Perspective on Compassion and Sustainability

**Buddhism For Meat Eaters** is a groundbreaking new book that explores the relationship between Buddhism and meat-eating. Author and Zen priest Koyu Tenshin Roshi argues that it is possible to be a compassionate Buddhist and still eat meat.



## Buddhism for Meat Eaters: Simple wisdom for a kinder world by Josephine Moon

★★★★★ 5 out of 5

Language : English  
File size : 3032 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 115 pages



Roshi draws on his own experiences as a Zen priest and a meat-eater to challenge the traditional Buddhist view that all killing is wrong. He argues that animals are not inherently sacred, and that it is possible to eat meat in a way that is compassionate and sustainable.

Roshi's book is sure to provoke debate, but it is also a thoughtful and compassionate exploration of a complex issue. Whether you are a Buddhist

or not, **Buddhism For Meat Eaters** is a valuable contribution to the discussion about the ethics of eating meat.

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- Chapter 1: The Buddhist View of Meat-Eating
- Chapter 2: The Myth of Animal Innocence
- Chapter 3: The Compassionate Carnivore
- Chapter 4: Sustainable Meat-Eating
- Chapter 5: The Future of Food

## Reviews

"**Buddhism For Meat Eaters** is a provocative and important book. Roshi challenges the traditional Buddhist view of meat-eating, and offers a new perspective that is both compassionate and sustainable." - **Zen Master Thich Nhat Hanh**

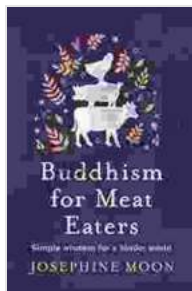
"Roshi's book is a breath of fresh air. He offers a clear and compassionate exploration of the ethics of eating meat. Whether you are a Buddhist or not, **Buddhism For Meat Eaters** is a valuable contribution to the discussion about the future of food." - **Jonathan Safran Foer, author of *Eating Animals***

## About the Author

Koyu Tenshin Roshi is a Zen priest and the founder of the Zen Mountain Center in Los Angeles. He is a leading voice in the movement to promote a more sustainable and compassionate approach to eating meat.

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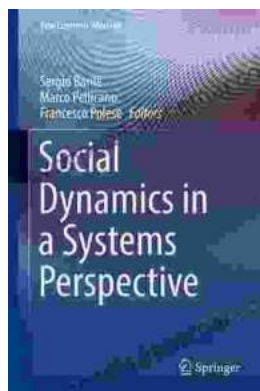
**Buddhism For Meat Eaters** is available now from all major bookstores and online retailers.



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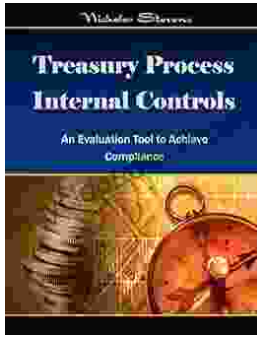
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