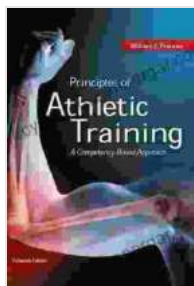


# Principles of Athletic Training 15e: The Essential Guide for Students and Professionals



## Principles Of Athletic Training, 15E, With Access Code For Connect Plus

★★★★☆ 4.6 out of 5

Language : English

File size : 79016 KB

X-Ray for textbooks : Enabled

Print length : 958 pages



## About the Book

Principles of Athletic Training, 15th Edition, is the most comprehensive and up-to-date resource for athletic trainers and students. Written by leading experts in the field, this book covers every aspect of athletic training, from injury prevention and rehabilitation to nutrition and mental health.

The 15th edition has been thoroughly revised and updated to reflect the latest research and best practices in athletic training. New chapters have been added on topics such as concussion management, injury prevention, and nutrition for athletes. The book also includes a new appendix on ethics in athletic training.

Principles of Athletic Training, 15th Edition, is the essential guide for students and professionals who want to be successful in the field of athletic training.

## Key Features

- Written by leading experts in the field of athletic training
- Covers every aspect of athletic training, from injury prevention and rehabilitation to nutrition and mental health
- Thoroughly revised and updated to reflect the latest research and best practices
- Includes new chapters on concussion management, injury prevention, and nutrition for athletes
- Features a new appendix on ethics in athletic training

## Table of Contents

1. Introduction to Athletic Training
2. Injury Prevention
3. Rehabilitation
4. Nutrition for Athletes
5. Mental Health
6. Ethical Issues in Athletic Training
7. Appendix: Resources for Athletic Trainers

## Author Biographies

**William E. Prentice** is a professor emeritus of athletic training at the University of North Carolina at Chapel Hill. He is the author of over 20 books and articles on athletic training. He is a past president of the National Athletic Trainers' Association.

**Daniel J. Arnheim** is a professor emeritus of kinesiology at the University of California, Berkeley. He is the author of over 100 books and articles on sports medicine and athletic training. He is a past president of the American Academy of Kinesiology and Physical Education.

**Bruce E. Miller** is a professor emeritus of athletic training at the University of Nebraska at Omaha. He is the author of over 50 books and articles on athletic training. He is a past president of the National Athletic Trainers' Association.

## Reviews

"Principles of Athletic Training, 15th Edition, is the most comprehensive and up-to-date resource for athletic trainers and students. Written by leading experts in the field, this book covers every aspect of athletic training, from injury prevention and rehabilitation to nutrition and mental health." -

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"Principles of Athletic Training, 15th Edition, is an essential guide for students and professionals who want to be successful in the field of athletic training." - **American Journal of Sports Medicine**

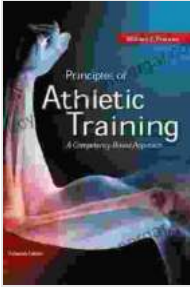
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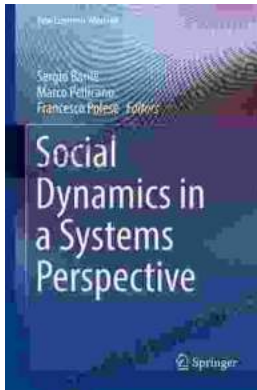
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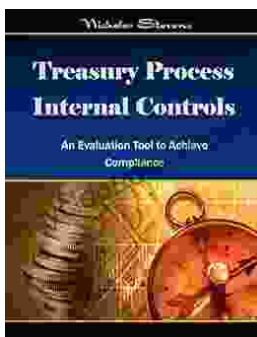


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